

ISCA INTERNATIONAL SENIOR CUP - 3/24/2026 to 3/28/2026**Session Report**

Session: 1 TUESDAY NIGHT

Day of Meet: 1 Starts at 01:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 400 Medley Relay	32	4 u	01:00 PM	_____
Finals	2 Men 400 Medley Relay	32	4 u	01:20 PM	_____
Finals	5 Women 1650 Freestyle	9	1 u	01:38 PM	_____
Finals	6 Men 1000 Freestyle	22	3 u	01:56 PM	_____
Finals	7 Women 400 Freestyle Relay	32	4 u	02:29 PM	_____
Finals	8 Men 400 Freestyle Relay	34	4 u	02:46 PM	_____
	Break: 15 Minutes:				
Finals	11 Women 100 IM	131	14 u	03:16 PM	_____
Finals	12 Men 100 IM	124	13 u	03:39 PM	_____
	Swimmers Counts for Warm-ups: 407	=====	=====		
	Entry / Heat Totals:	416	47		
	Finish Time			03:58 PM	_____

ISCA INTERNATIONAL SENIOR CUP - 3/24/2026 to 3/28/2026**Session Report**

Session: 2 WEDNESDAY PRELIMS

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	15 Women 200 IM	92	10 u	08:00 AM	_____
Prelims	16 Men 200 IM	125	13 u	08:28 AM	_____
Prelims	19 Women 100 Backstroke	124	13 u	09:01 AM	_____
Prelims	20 Men 100 Backstroke	108	11 u	09:24 AM	_____
Prelims	23 Women 200 Freestyle	128	13 u	09:43 AM	_____
Prelims	24 Men 200 Freestyle	161	17 u	10:15 AM	_____
Prelims	27 Women 50 Butterfly	218	22 u	10:54 AM	_____
Prelims	28 Men 50 Butterfly	239	24 u	11:16 AM	_____
Finals-S	29 Women 200 Medley Relay	17	2 u	11:38 AM	_____
Finals-S	30 Men 200 Medley Relay	27	3 u	11:43 AM	_____
	Swimmers Counts for Warm-ups: 635	=====	=====		
	Entry / Heat Totals:	1,239	128		
	Finish Time			11:50 AM	_____

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Session: 4 THURSDAY PRELIMS

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	33 Women 50 Breaststroke	125	13 u	08:00 AM	_____
Prelims	34 Men 50 Breaststroke	170	17 u	08:14 AM	_____
Prelims	37 Women 200 Backstroke	91	10 u	08:31 AM	_____
Prelims	38 Men 200 Backstroke	82	9 u	09:01 AM	_____
Prelims	41 Women 50 Freestyle	235	24 u	09:26 AM	_____
Prelims	42 Men 50 Freestyle	260	26 u	09:48 AM	_____
Prelims	45 Women 500 Freestyle	43	5 u	10:11 AM	_____
Prelims	46 Men 500 Freestyle	58	6 u	10:40 AM	_____
Finals-S	47 Mixed 400 Medley Relay	30	3 u	11:12 AM	_____
	Swimmers Counts for Warm-ups: 643	=====	=====		
	Entry / Heat Totals:	1,094	113		
	Finish Time			11:26 AM	_____

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Session: 6 FRIDAY PRELIMS

Day of Meet: 4 Starts at 08:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	50 Women 400 IM	31	4 u	08:00 AM	_____
Prelims	51 Men 400 IM	46	5 u	08:21 AM	_____
Prelims	54 Women 100 Butterfly	187	19 u	08:46 AM	_____
Prelims	55 Men 100 Butterfly	226	23 u	09:15 AM	_____
Prelims	58 Women 50 Backstroke	147	15 u	09:47 AM	_____
Prelims	59 Men 50 Backstroke	118	12 u	10:06 AM	_____
Prelims	62 Women 100 Breaststroke	121	13 u	10:20 AM	_____
Prelims	63 Men 100 Breaststroke	160	16 u	10:42 AM	_____
Finals-S	64 Mixed 400 Freestyle Relay	27	3 u	11:07 AM	_____
	Swimmers Counts for Warm-ups: 631	=====	=====		
	Entry / Heat Totals:	1,063	110		
	Finish Time			11:19 AM	_____

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Session: 8 SATURDAY PRELIMS

Day of Meet: 5 Starts at 08:00 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	71 Women 200 Breaststroke	73	8 u	08:00 AM	_____
Prelims	72 Men 200 Breaststroke	89	9 u	08:25 AM	_____
Prelims	75 Women 200 Butterfly	72	8 u	08:50 AM	_____
Prelims	76 Men 200 Butterfly	70	7 u	09:12 AM	_____
Prelims	79 Women 100 Freestyle	207	21 u	09:30 AM	_____
Prelims	80 Men 100 Freestyle	236	24 u	10:00 AM	_____
Finals-S	81 Women 200 Freestyle Relay	14	2 u	10:32 AM	_____
Finals-S	82 Men 200 Freestyle Relay	21	3 u	10:36 AM	_____
	Swimmers Counts for Warm-ups: 593	=====	=====		
	Entry / Heat Totals:	782	82		
	Finish Time			10:42 AM	_____

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Session Report

Session: 9 SATURDAY DISTANCE

Day of Meet: 5 Starts at 03:00 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-S	67 Women 1000 Freestyle	7	1 u	03:00 PM	_____
Finals-S	68 Men 1650 Freestyle	6	1 u	03:12 PM	_____
	Swimmers Counts for Warm-ups: 33	=====	=====		
	Entry / Heat Totals:	13	2		
	Finish Time			03:29 PM	_____